



COURSE OUTLINE: EST116 - HAIR REMOVAL

Prepared: Roya Ghassemkani

Approved: Karen Hudson, Dean, Community Services and Interdisciplinary Studies

Course Code: Title	EST116: HAIR REMOVAL
Program Number: Name	2017: ESTHETICIAN
Department:	ESTHETICIAN
Academic Year:	2024-2025
Course Description:	This course will provide students with theoretical knowledge of the structure of the hair, stages of hair growth, disorders and related conditions. Students will develop skills in conducting client consultations and will develop the practical skills required to perform a variety of safe and effective hair removal services on the face and body with the use of hard and soft waxes. Emphasis will be placed on speed and accuracy and the practice of safety, sanitation and disinfection of work station and implements as instructed by The Algoma Public Health. Students will be introduced to the Spa at Sault College where emphasis will be placed on customer service, retailing of products and services and the overall development of practical skills.
Total Credits:	4
Hours/Week:	4
Total Hours:	56
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
This course is a pre-requisite for:	EST166, EST208
Vocational Learning Outcomes (VLO's) addressed in this course:	2017 - ESTHETICIAN
Please refer to program web page for a complete listing of program outcomes where applicable.	VLO 1 Perform a variety of specialized body and skin care treatments following correct procedures and precautions and supporting client needs (including and not limited to facials, manicures, pedicures, hair removal, and make up applications).
	VLO 2 Use a range of specialized equipment and products, in compliance with established national, provincial, industry, and other related standards, regulations, policies, and procedures.
	VLO 3 Apply relevant knowledge of anatomy, physiology, and histology to the provision of specialized esthetic treatments and services.
	VLO 4 Adhere to health, safety, sanitation, and infection and prevention control guidelines, according to current legislation and national, provincial, municipal, and industry standards and regulations.
	VLO 5 Identify business skills and activities required for the successful establishment and operation of a small esthetic business in a salon or spa environment.
	VLO 6 Select and recommend the use of esthetic products and product ingredients to clients, taking into account health status and identified needs.



	VLO 7	Establish and maintain professional relationships in adherence to standards and ethics associated with the profession.								
	VLO 8	Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics.								
	VLO 9	Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change.								
Essential Employability Skills (EES) addressed in this course:	EES 1	Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.								
	EES 5	Use a variety of thinking skills to anticipate and solve problems.								
	EES 8	Show respect for the diverse opinions, values, belief systems, and contributions of others.								
	EES 9	Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.								
	EES 11	Take responsibility for ones own actions, decisions, and consequences.								
Course Evaluation:	Passing Grade: 50%, D									
	A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.									
Other Course Evaluation & Assessment Requirements:	Students must maintain an 80% participation record throughout the semester to be successful in this course.									
Course Outcomes and Learning Objectives:	<table border="1"> <thead> <tr> <th>Course Outcome 1</th> <th>Learning Objectives for Course Outcome 1</th> </tr> </thead> <tbody> <tr> <td>1. Conduct a professional client consultation.</td> <td>1.1 Conduct self in a professional manner and demonstrate effective communication skills. 1.2 Analyze information recorded on the client health history form. 1.3 Determine contraindications, cautions and necessary modifications to treatments utilizing information related to product ingredients and client health history. 1.4 Recognize when to refuse a treatment due to health and safety concerns and when to refer to a physician. 1.5 Discuss before and after care precautions and procedures. 1.6 Recommend the use of esthetic products for home care maintenance and explain the correct usage and benefits of each. 1.7 Contribute to the maintenance of client documents and records by accurately recording information and filing confidential client information.</td> </tr> <tr> <th>Course Outcome 2</th> <th>Learning Objectives for Course Outcome 2</th> </tr> <tr> <td>2. Perform a variety of safe and effective hair removal services on the face and body with the use of hard and soft waxes.</td> <td>2.1 Prepare a treatment room and work station for a waxing service and maintain a clean, safe and organized work area. 2.2 Apply the correct procedures and precautions required for the safe removal of body and facial hair. 2.3 Perform and complete the steps of a professional waxing service on male and female clients. 2.4 Effective and speed accuracy during a waxing treatment.</td> </tr> </tbody> </table>		Course Outcome 1	Learning Objectives for Course Outcome 1	1. Conduct a professional client consultation.	1.1 Conduct self in a professional manner and demonstrate effective communication skills. 1.2 Analyze information recorded on the client health history form. 1.3 Determine contraindications, cautions and necessary modifications to treatments utilizing information related to product ingredients and client health history. 1.4 Recognize when to refuse a treatment due to health and safety concerns and when to refer to a physician. 1.5 Discuss before and after care precautions and procedures. 1.6 Recommend the use of esthetic products for home care maintenance and explain the correct usage and benefits of each. 1.7 Contribute to the maintenance of client documents and records by accurately recording information and filing confidential client information.	Course Outcome 2	Learning Objectives for Course Outcome 2	2. Perform a variety of safe and effective hair removal services on the face and body with the use of hard and soft waxes.	2.1 Prepare a treatment room and work station for a waxing service and maintain a clean, safe and organized work area. 2.2 Apply the correct procedures and precautions required for the safe removal of body and facial hair. 2.3 Perform and complete the steps of a professional waxing service on male and female clients. 2.4 Effective and speed accuracy during a waxing treatment.
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	2.5 Introduction to sugaring techniques.
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Select and recommend the use of esthetic products to clients.	3.1 Consult with and recommend to clients essential home maintenance products in order to maintain the health of the skin. 3.2 Promote the features and benefits of esthetic products and services to client, to assist them in determining course of action. 3.3 Explain a home maintenance schedule to the client and demonstrate the correct usage of various skin care products and tools. 3.4 Explain to the client the benefits and the effects of the products and tools.
Course Outcome 4	Learning Objectives for Course Outcome 4
4. Maintain and use waxing equipment, instruments, materials and supplies according to the industry standards and in compliance with the Algoma Public Health.	4.1 Practice safe and effective sanitation, disinfection and sterilization methods on instruments, equipment, materials, work surfaces and work stations as required by the Algoma Public Health. 4.2 Use electrical waxing equipment safely and correctly. 4.3 Use instruments, materials and supplies in a safe, correct and professional manner. 4.4 Maintain, and store all equipment, instruments, materials and supplies according to manufacturer's guidelines and as required by Algoma Public Health regulation.
Course Outcome 5	Learning Objectives for Course Outcome 5
5. Apply relevant knowledge of the structure and composition of the hair to the provision of hair removal services.	5.1 Apply knowledge of the structure and composition of the hair, identifying the stages of hair growth, hair types, disorders and related conditions. 5.2 Describe how health, age, gender, diet, stress and external factors can affect the hair. 5.3 Apply knowledge of the body systems, such as the immune and circulatory systems and apply their basic functions to the provision of hair removal services, taking into account contraindications, cautions and appropriate modifications. 5.4 Describe the most common home hair removal methods and the effects they have on the skin, hair and regrowth. 5.5 Describe the advantages and disadvantages of permanent and semi-permanent hair removal methods.
Course Outcome 6	Learning Objectives for Course Outcome 6
6. Adhere to health, safety, sanitation, infection and prevention control guidelines, according to the industry standards in compliance with Algoma Public Health regulations	6.1 Practice disinfection/ sterilization procedures in accordance with Algoma Public Health regulations. 6.2 Practice sanitation procedures as required by the Algoma Public Health regulations. 6.3 Use gloves, masks or other suitable personal protective equipment appropriately during the provision of treatments to ensure safety of the client, yourself and others. 6.4 Handle hazardous materials and dispose of waste in compliance with Algoma Public Health regulations.



	Course Outcome 7	Learning Objectives for Course Outcome 7
	7. Establish and maintain a professional image and conduct in adherence to the standards and ethics associated within the esthetic industry.	7.1 Comply with the Policies and Procedures developed by the Esthetician's Diploma Program and adhere to the professional expectations for dress, hygiene and grooming. 7.2 Adhere to the policies outlined in the Student Code of Conduct regarding behavior and conduct inside and outside the classroom. 7.3 Adhere to the code of ethics associated with the esthetic practice. 7.4 Demonstrate accountability for your academic and professional growth by soliciting constructive feedback relating one's own performance, strengths and limitations. 7.5 Determine current trends and issues impacting the esthetic industry. 7.6 Review the role of professional associations affiliated with the esthetic industry. 7.7 Demonstrate effective interpersonal, verbal and non-verbal communication skills in dealing with peers, faculty and clients. 7.8 Demonstrate punctual attendance to all classes and be prepared with all the necessary materials for each class. 7.9 Clean and either disinfect or sterilize all instruments, equipment and client draping materials after each use. Keep workstations neat and clean during and after each service.
	Course Outcome 8	Learning Objectives for Course Outcome 8
8. Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics.	8.1 Determine the characteristics and benefits of excellent customer service. 8.2 Recommend services and products to meet individual needs and expectations. 8.3 Use effective communication skills and problem solving strategies to respond to customer complaints in the Student Esthetician Clinic. 8.4 Adhere to codes of ethics and conduct related to quality customer service. 8.5 Analyze the impact of excellent customer service and the ability to promote home maintenance products.	
	Course Outcome 9	Learning Objectives for Course Outcome 9
	9. Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change.	9.1 Solicit constructive feedback relating to ones own performance, strengths and limitations, to identify areas for professional growth and development. 9.2 Determine current trends and issues impacting upon the delivery of esthetic services. 9.3 Identify learning resources and opportunities which promote professional skill development

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Bring in a model for hair removal services	30%
Hair removal evaluation	10%



	Hair removal exam	30%
	Hard wax evaluation	10%
	Soft wax evaluation	10%
	Structure of the hair test	10%

Date: June 28, 2024

Addendum: Please refer to the course outline addendum on the Learning Management System for further information.